

# The National Wraparound Initiative

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2004 Training Institutes  
San Francisco, CA



# Background: The Importance of high-quality Wraparound

- Systems of care values dictate that care management be provided to families with children with intensive needs
- *New Freedom Initiative* demand individualized plans of care for families with intensive needs
- Research has found poor outcomes for treatments delivered in “real world” settings
  - Lack of “fit” between family needs and services, lack of full engagement of families, programs and systems not engineered to support flexible, individualized care



# Background: The Fidelity Problem in Wraparound

- “Values speak” substitutes for concrete practice steps
- Many things are referred to as Wraparound
- Wraparound lacks consistent standards, description of provider practices, and accompanying measures
- Results in
  - Confusion for families, staff, communities
  - Many programs achieving poor outcomes
  - A poorly developed research base overall



# THE CHALLENGE

- Bringing better understanding and some consensus about a widespread practice for which multiple innovations have been created but not compiled into a fully described model...



# National Wraparound Initiative

## GOALS

- To provide the field with a better understanding about what high-quality wraparound is and what is required to do it
- To allow for better evaluation of wraparound's effectiveness
  - Comprehensive measures of high-quality wraparound implementation
- To allow for replication of wraparound models found to have positive impact
- To bring providers, trainers, researchers, family members and advocates together into a learning and sharing community



# National Wraparound Initiative SUPPORT

- Maryland Dept of Juvenile Services and Governor's Office of Crime Control and Prevention
- Maryland Mental Hygiene Administration
- US DHHS Center for Medical and Medicaid Services
- National TA Partnership for Children's MH, American Institutes for Research



# National Wraparound Initiative

## OUTPUTS

- *Definitions and terminologies* for the wraparound process
- Description of the *wraparound principles*, specified for a team and family
- *Theory of change* for wraparound, based on theory and research (from many disciplines)
- Clear description of the *phases and activities* in a wraparound process



# National Wraparound Initiative

## OUTPUTS

- Examples of *tools* that a provider might use to accomplish wraparound activities
  - E.g., procedures, exercises, forms
- Types of *skills* needed by wraparound facilitators to conduct the work
- Required *supports for teams and providers* (at the System and Organizational levels)
- *Fidelity and implementation* measures tied to phases, activities, and standards



# Methods

- Elements and practice principles from Burns & Goldman (1999) monograph
- Compilation of manuals, training materials, and additional wraparound literature
- Framework of necessary supports and conditions for wraparound
- Small coordinating group that does initial definitions, lit reviews, compile practices, etc.
- Active engagement with innovators and trainers nationally
- National Advisory group: 80 members
  - Set priorities for needed products
  - Nominate innovative practices
  - Participate in consensus-building
  - Review process, products, and outputs
- Web-enabled *Delphi* process

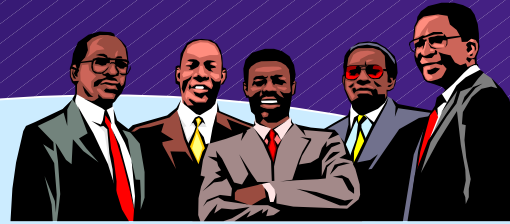


# Wraparound Process

## *Principles*

1. Family-driven
2. Team-based
3. Collaborative
4. Community-Based
5. Culturally Competent
6. Individualized
7. Strengths based
8. Natural Supports
9. Unconditional
10. Outcome based





Hospitable System (Policy and Funding Context)



Supportive Organizations (lead and partner agencies)

Effective Team



From Portland State Research and Training Center, [www.rtc.pdx.edu](http://www.rtc.pdx.edu)



# National Initiative participants

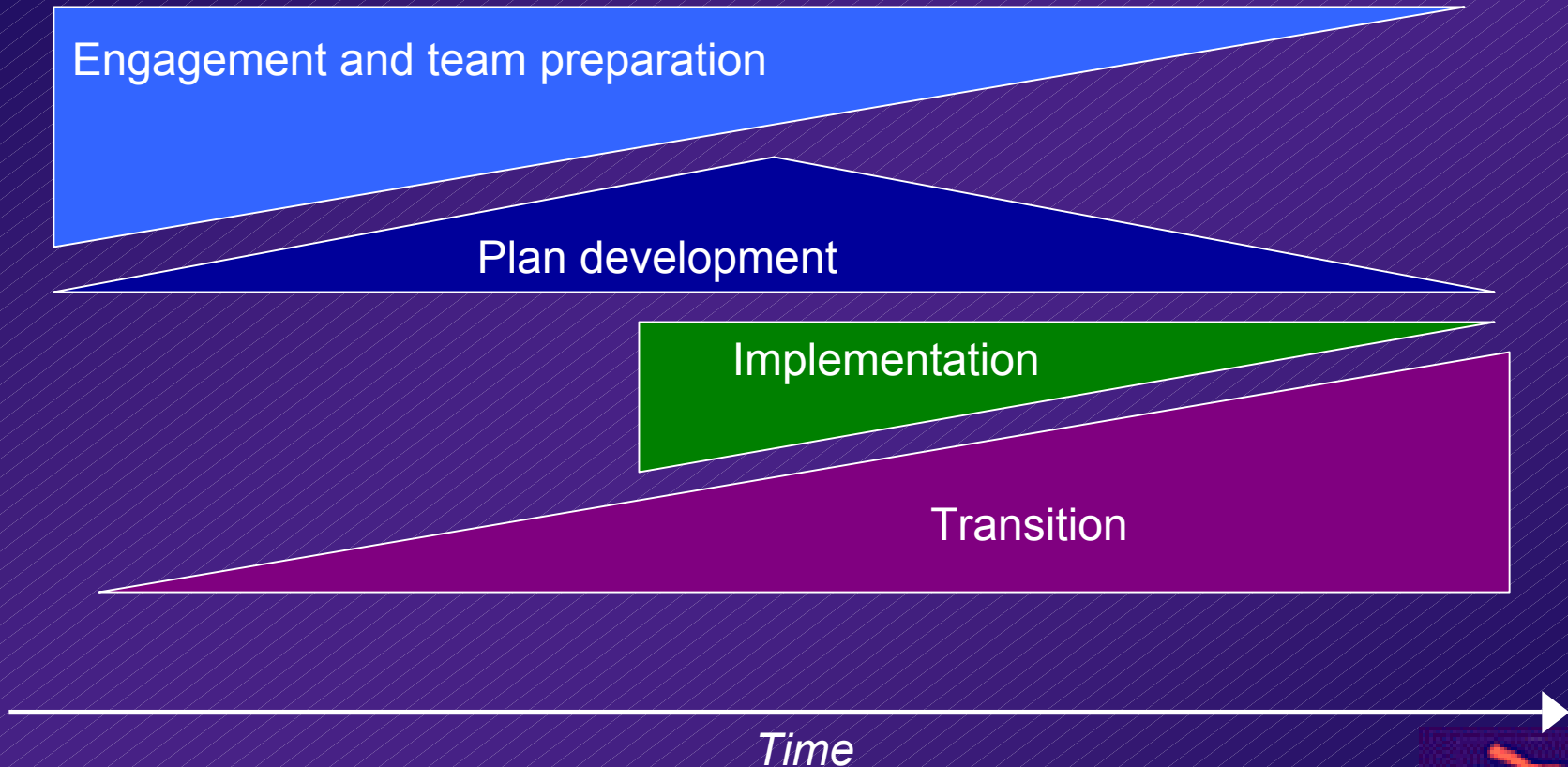


# Initial Results

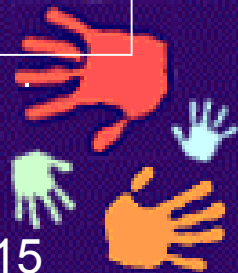
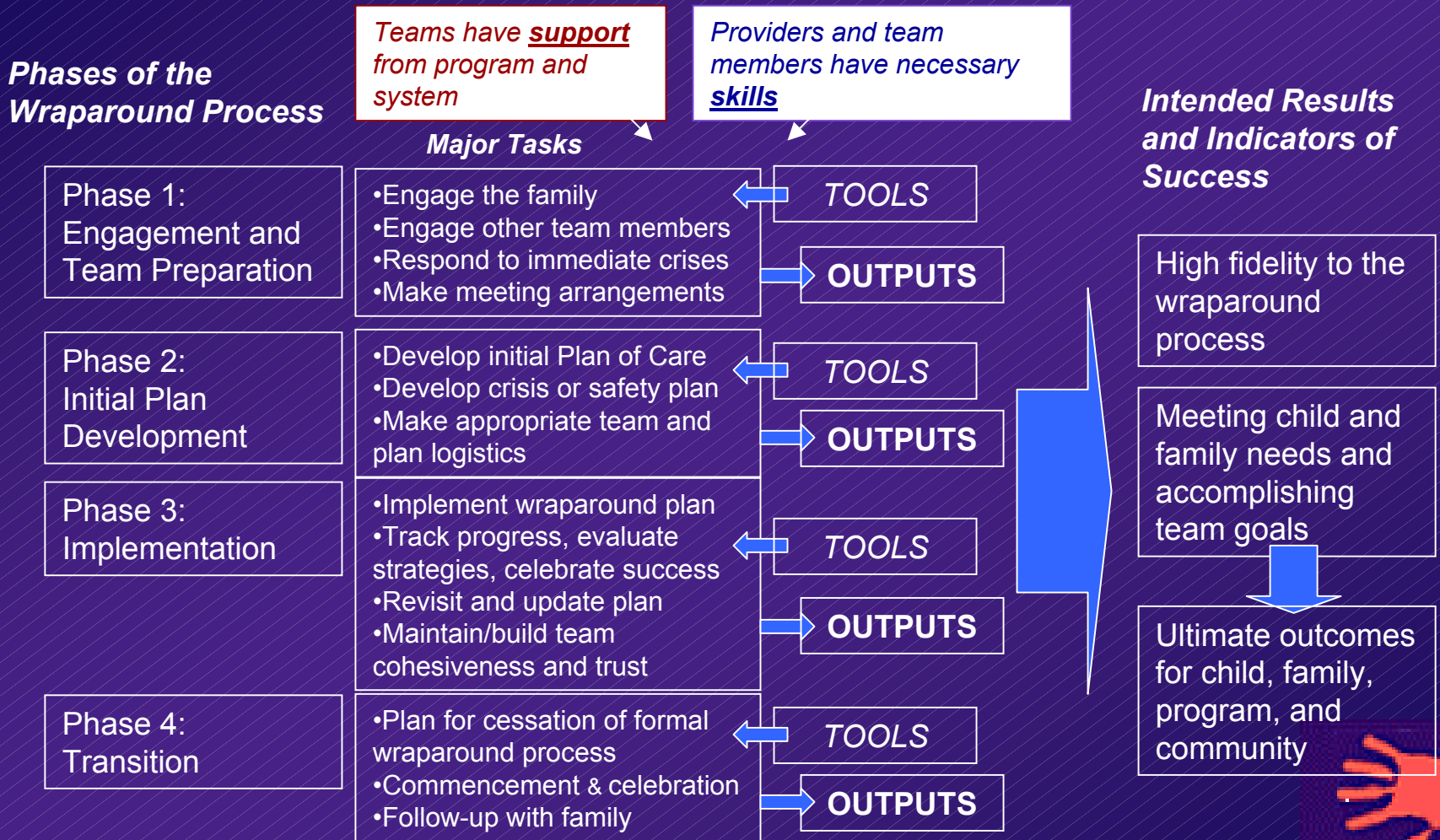
- Revised set of wraparound principles
- Phases and activities of wraparound
- Skill sets for wraparound facilitators



# Phases of wraparound



# Wraparound phases and activities



# Skill sets for wraparound facilitators

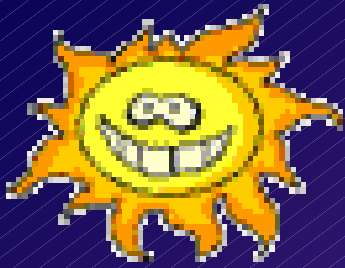
- Ability to clearly describe the wraparound process and its potential benefits for participants
- Organizing details
- Eliciting individual perspectives
- Blending/Integrating multiple perspectives
- Counteracting power imbalances



# Skill sets for wraparound facilitators

- Effective team functioning
- Crafting an individualized, strengths-based, community-based plan
- Interacting with others in a strengths-based way
- Ability to interact with the wider community and system context in a way that promotes team goals
- Understanding of evidence based practices for children with mental health needs and their families





# Website

- Website for the NWI planned soon at: [www.rtc.pdx.edu](http://www.rtc.pdx.edu). Planned to include:
  - Resources on the research base for and the practice of wraparound
  - Information about the National Initiative
  - Password-protected access to the current tasks of the National Initiative
  - Co-coordinators
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