

RTC WAIVER SERVICE: FAMILY AND YOUTH TRAINING

Brief Description:

Family and Youth Training is based on an approved curriculum. It is designed to promote skill development which will assist participants and their families in making educated POC decisions and eventually transition out of waiver services. Trainings may be provided on an individual or group basis and should directly support individualized and particular needs of the caregiver or youth as identified in the POC.

Training may include, but is not limited to individual and group training on diagnosis; medication management; treatment regimens including Evidence Based Practices; behavior planning, intervention development, and modeling; skills training; systems mediation and self advocacy; finance management; socialization; Individualized Education Programs; and, systems navigation. This service is offered to both the participant and the participant's caregiver(s). Therefore, the needs and strengths of the caregiver(s) of the RTC Waiver participant may be a critical dimension in determining necessity for this service.

How much does this service pay?

- Individual Session: \$45 per hour for an individual participant
- Group Session: \$36 per hour for each waiver participant in a group session
- Maximum of 3 units per day (1 hour = 1 unit)

Who is eligible to become a Family and Youth Training Provider? In addition to meeting the general requirements for Medical Assistance Program Providers and the specific requirements for waiver service providers (general liability insurance, criminal background checks, child abuse clearances, etc), to provide Family and Youth Training,

The provider must be:

- (1) An approved waiver provider agency who is providing another RTC Waiver Service (may include a Family Support Organization); OR
- (2) An approved individual waiver service provider (an expressive and experiential behavioral services provider who enrolls as an individual).

The individual providing the training must also meet the following qualifications:

- (1) All family and youth training providers shall:
 - (a) Receive training and certification as approved by MHA (see "Training Requirements for Caregiver Peer-to-Peer Support, Youth Peer-to-Peer Support, and Family & Youth Training Providers"); and
 - (b) Have been a co-trainer with an experienced lead trainer.
- (2) Youth training providers shall:
 - (a) Be at least 18 years old but not older than 26 years old; and
 - (b) Have experience with state or local services and systems as a consumer who has or had emotional, behavioral or mental health challenges.
- (3) Family training providers shall:
 - (a) Be at least 21 years old; and
 - (b) Have current or prior experience as a caregiver of a child with SED or a young adult with SMI.

What forms will I need to complete in order to apply to become a Family and Youth Training Provider?

- Face Sheet
- General Conditions for Provider Participation
- Medical Assistance Program Application and Agreement
- Criminal Background Check Attestation Form
- Family and Youth Training Attestation Form

You will need to provide a copy of your current general liability insurance coverage, the curriculum for the proposed training, and evidence of expertise in the focus of the training. Criminal Background Check and Child Abuse & Neglect Clearance must be completed in accordance with the Background Check instructions, with the appropriate box marked on the Face Sheet.

All materials, including a list of common mistakes, frequently asked questions, regulations, and more, are available online at www.medschool.umaryland.edu/innovations/RTC_Providers.asp. Providers are expected to have a thorough understanding of COMAR 10.09.79, 10.21.10, and 10.09.36, the regulations governing the RTC Waiver and Medical Assistance Program Providers.

The RTC Waiver is Maryland's 1915(c) Psychiatric Residential Treatment Facilities (PRTF) Demonstration Waiver. Residential Treatment Center (RTC) is the Maryland term for a PRTF. For more information about the RTC Waiver, go to www.medschool.umaryland.edu/innovations and click on the link for RTC Waiver or contact Deborah Harburger, RTC Waiver Project Manager, at धारburg@psych.umaryland.edu.