

RTC WAIVER

Community Treatment and Support for Maryland Children and Youth with Intensive Mental Health Needs

Training Requirements for Caregiver Peer-to-Peer Support, Youth Peer-to-Peer Support, and Family & Youth Training Providers

Training requirements are subject to change, based on the approval of DHMH.

Trainings outlined below are offered through the Innovations Institute and Mental Health Institute at the University of Maryland, Baltimore, School of Medicine. More information is available by e-mailing innovations@psych.umaryland.edu or calling 410-706-0961. Registration links for trainings are available at <http://medschool.umaryland.edu/innovations>

Training Requirements for Caregiver Peer-to-Peer Support Providers¹ (a.k.a. Family Support Partners)

Caregiver Peer-to-Peer Support Partners are required to complete the Wraparound Practitioner Certificate Program for Family Support Partners. The Certificate Program is a minimum of one yearlong process. Over the course of one year applicants will need to meet certain requirements in order to receive certification. These requirements consist of:

1. Completion of Core trainings as outlined below
2. Completion of wraparound practitioner training modules (39 training hours)
3. Participation in on-site coaching sessions from INNOVATIONS INSTITUTE trainer/coach.
4. Participation in weekly supervision
5. Completion of the Professional Development and Supervision Worksheet (PDSW) on a weekly basis. One worksheet will be collected per month to show growth and skill acquisition for a total of 12 worksheets. This requirement is needed for both family support partners and supervisor certification.
6. Completion of 3 CFT/Initial visit observations utilizing the Family Support Partner Observation Measure (collected every 4 months) for Family Support Partners. At least one observation will be conducted by Innovations Institute trainer/coach. Practitioners must reach fidelity based on their combined score. This requirement is needed for both family support partners and supervisor certification.

Family Support Partner Core Trainings:

Family Support Partners will be required to attend core trainings during their Certification year, which are:

- System of Care 101 (on-line; 3 hours)
- Wraparound 101 (2 days)
- Crisis Planning 1-day training (6 hours)
- Skill Building for Family Support Partners (6 Hours)
- Child & Adolescent Needs & Strengths (CANS) Assessment (online or through a local trainer; 6 hours)

¹ Caregiver Peer-to-Peer Support Providers should adhere to all training requirements for Family Support Partners.

In addition to Core training, Family Support Partners must complete 18 categorized Training Units (TUs) as follows:

- 6 TUs in Skills Building (Workshops may cover topics such as meeting facilitation, conflict resolution, building information supports, successful transition planning)
- 6 TUs in Knowledge Development (Workshops topics may cover topics such as Individualized Education Planning, Youth with Gang Involvement, Evidenced-Based Practice, Understanding Psychotropic Medications)
- 6 TUs in Values (Workshops may include topics such as Partnership with Families and Youth, Meeting the needs of Gay, Lesbian, Bisexual, Transgender Youth and Families)

Training Requirements for Youth Peer-to-Peer Support Providers² (a.k.a. Youth Support Partners)

Youth Peer-to-Peer Support Providers will be required to attend the core trainings outlined below:

- System of Care 101 (online; 3 hours)
- Wraparound 101 (2 days)
- Skill building for Youth Support Partners (6 hours)

In addition to Core training, Youth Support Partners must complete 9 categorized Training Units (TUs) as follows:

- 3 TUs in Skills Building (Workshops may cover topics such as meeting facilitation, conflict resolution, building information supports, successful transition planning)
- 3 TUs in Knowledge Development (Workshops topics may cover topics such as Individualized Education Planning, Youth with Gang Involvement, Evidenced-Based Practice, Understanding Psychotropic Medications)
- 3 TUs in Values (Workshops may include topics such as Partnership with Families and Youth, Meeting the needs of Gay, Lesbian, Bisexual, Transgender Youth and Families)

Training Requirements for Family & Youth Trainers

Family & Youth Trainers must provide documentation as evidence of their ability to provide the particular training. A determination will be made by DHMH and its designees as to whether the applicant meets necessary qualifications and shows sufficient experience and expertise in the topic area to provide training. Wraparound Practitioner Certificates and successful completion of the core trainings for Caregiver Peer-to-Peer Support Providers and Youth Peer-to-Peer Support Providers may be accepted, depending on the focus of the training.

Applicants to provide Family & Youth Training must submit a copy of their proposed curriculum for the training with the application for review. Applicants may submit resumes, curricula vita, copies of certificates, or other documentation as appropriate and relevant. Providers may add or modify curricula after being approved as a Waiver Provider, with prior written approval from DHMH.

² Youth Peer-to-Peer Support Providers should adhere to all training requirements for Youth Support Partners.