

Name of Consultants/Company:

Technical Assistance Center for Systems of Care and Evidence-Based Practices for Children and Families (TA Center) Choices, Inc.

Contact Information:

Primary Contact:

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Choices' Technical Assistance Center for Systems of Care and Evidence Based Practices for Children and Families was created in 2002 to offer individualized training, coaching and technical assistance to Indiana system of care (SOC) communities. The TA Center staff is available to serve other organizations, groups and communities as well.

Types of Implementation Supports Offered / Description of Types of Methods Used

Our philosophy: We believe in interactive lively training sessions where participants leave with real world skills and tools. Evaluations from our gatherings rate this methodology very highly, with many participants requesting follow-up meetings and more advanced coaching.

Training Topics Include:

System of Care Solutions

- Cross-system SOC training for community partners
- Introduction to systems of care
- Outcomes management
- System of care vs. usual care
- Stages of readiness for change for communities
- Stages of readiness for change for individual staff members
- How to coach for mental health system transformation
- Working with community partners: juvenile justice, education, child welfare & mental health
- Evidence based practices overview
- Effective individualized service planning: teams, organizations and systems

- How to tell your story using outcomes

Clinical Resources

- Introduction to wraparound
- Putting wraparound values into service plans
- Wraparound team facilitation
- Crisis plan development
- Care coordination
- Strength based assessment
- Turning strengths into plans
- Cross-system care planning
- Facilitating an effective 60 minute child and family team meeting
- Maximizing Medicaid Rehab Option billing
- Understanding the developmental stages of child and family teams
- Creative Problem Solving © tools
- Strength based planning for early intervention

Family and Community Support

- Family voice and choice
- Family roles in a system of care
- Discovering informal supports
- Community resource assessment
- How to create and use a flex fund
- How to create and sustain a provider network
- People styles in the workplace
- Valuing differences – just what is diversity?

Any of the above topics can be part of the individual coaching process as well. Our core coaching techniques include listening, motivating, guiding, teaching, mentoring and supporting those we coach. We have covered these additional areas with individual system and care coordinators:

- Child and family team observation and feedback
- Specific tips for how to manage a difficult team
- Empowerment vs. enabling
- Rejuvenating a community initiative
- Celebrating successes – your own as well!
- Writing case notes for Medicaid billing
- Developing a dynamite agenda for your next meeting
- Helping a team create ground rules
- Relationship building in your community
- Organizing a community consortium
- Appreciating differences in the families you serve

Typical Costs and Duration of Different Types of Services

The TA Center has established the following training and consultation rates: \$400 per trainer for ½ day and \$800 per trainer per full day plus expenses. Additional fees may apply for planning to customize the learning experience for individual communities. Since our services are individualized, no two trainings, coaching sessions or presentations are identical. We tailor our services to meet *your* needs.

Communities or Programs Worked With / References and Contact Information:

The following individuals have agreed to provide references for the TA Center. All have participated in our training sessions.

1. Indiana FSSA/Division of Mental Health and Addiction
402 W. Washington Street, #W353
Indianapolis, IN 46204
*Cheryl Shearer, Children's Bureau Chief: Ph. 317-232-7934; Fax 317-233-4372
cheryl.shearer@fssa.in.gov
*Betty Walton, Consultant: Ph.317- 232-7907; Fax 317-233-4372
betty.walton@fssa.in.gov
2. Indiana University Purdue University Indianapolis
Dept. of Teacher Education
ES3124
902 W. New York Street
Indianapolis, IN 46202-5155
*Jeffrey Anderson, Ph.D., Assistant Professor: Ph. 317-274-6809; Fax 317- 274-6864
Jander2@iupui.edu
3. Children's Services Network
599 South Harbour Drive
Noblesville, IN 46060
*Terra Seidel, Coordinator for Hamilton and Boone County systems of care:
Ph. 317-773-5321 Ext. 148; E-mail, terra_seidel@mail.nobl.k12.in.us
4. Cummins Mental Health Center
6655 A. US 36
Avon, IN 46123
*Chris Hamm, Vice President
Ph. 317-272-3334 Ext 249 chamm@cumminsmhc.com

5. Robert N. Postlethwait, M.B.A.
Member, President's New Freedom Commission on Mental Health
Chairman, Families Reaching for Rainbows Board of Directors
7274 Hunt Club Lane
Zionsville, IN 46077
Ph. 317-873-2097, rpostlw8@mac.com